



HALLOWEEN SENSORY PLANNER



- Schedule in advance
 - Introduce to visual schedule
 - Sensory and autism cards
 - Ear Defenders
 - Dark glasses for fireworks
 - Special diet awareness card
 - Prepare for meltdown its likely to happen given the sensory aspect
 - Prepare sensory or fiddle bag
 - Liquid timer or digital timer for countdown
 - Define how many houses you will visit for trick or treating
 - Costumes are not sensory friendly - be ware of this
 - Find affordable alternatives
 - Create an outfit utilising old favourite clothing together
 - Social Scripts for Trick or Treating are vital
 - Gratitude cards re excellent for non verbal children
 - Make cards at home as craft activity
 - Glow up necklaces and bracelets are helpful
 - Safety script if visiting firework parade
 - Surprise Halloween parties are big no
 - Stay safe
 - Have fun
- Send SEN World photos of our outfit to get featured

